SHIATSU FOR HEALTH PRACTITIONERS – Level 1

Join us for this 2½-day intensive and comprehensive Shiatsu course for health practitioners. You will learn the basic concepts of Shiatsu, specific techniques for treating common conditions and specific muscles, as well as how to combine Shiatsu with massage and other modalities. Learn techniques, which will allow you to effortlessly increase pressure depth, which clients often crave. These deep tissue techniques will enhance your treatments, creating greater release and client satisfaction. Students leave this workshop, equipped with hands on skills, which can be immediately incorporated with other modalities.

Date: October 26-28, 2018

Prerequisites:
- Knowledge of basic anatomy, physiology, pathology and medical terminology
- Knowledge base of ethics and professionalism relating to healthcare
- Fluency in English
- Successful completion of an online quiz

Delivery method: Both classroom practice and online studies

Location: Course will be held at the Kananaskis Wilderness Hostel; A rustic, retreat style hostel in the mountain forest, with indoor/outdoor fireplace, hiking trails, fully equipped kitchen and indoor bathrooms with hot water. Please see photos in the link below. DO NOT BOOK HERE! PLEASE CONTACT ME DIRECTLY FOR RESERVATIONS.

http://www.hihostels.ca/westerncanada/358/HI-Kananaskis_Wilderness_Hostel.hostel.

Credits: Available for 15 continuing education credits with RMTA and 12 credits with NHPC.

Instructor: Anita Szuster, RMT, Dip., ST
Anita Szuster is an RMT and has been practising Shiatsu for 24 years. Anita also developed and instructed the Shiatsu Therapy program at Mount Royal University.

SHIATSU FOR HEALTH PRACTITIONERS – Level 1

Accommodation option in hostel: $33.50 /night, per person. There are four private rooms available on a first come, first serve basis. Partners and spouses are welcome to stay as well. It is NOT mandatory to stay at the hostel. There are other accommodation options in the area. PLEASE CONTACT ME DIRECTLY FOR RESERVATIONS.

Course fee: $525
Register before September 1st and receive $50 off course price.
Included: Course manual and certificate.

Registration Process:

- Please email me the following information; your full name, phone number, email address. Professional backround, education, accommodation option and payment option. My email address is anita@mountainmeridian.com
- Payment is accepted by PayPal (through my website), email transfer or mailed in by cheque. For email transfers, please send to my email address and provide me with the password. For cheques, please make them out to Anita Szuster. My mailing address is: Anita Szuster, 1-212 Sparrowhawk Cr., Kananaskis, Ab, T0L 2H0
- A $200 deposit is due upon registration.
- You will receive a pre-course package, containing all pertinent information, after your payment has been received.